



# North Petherton Gym Ltd

## Behaviour Policy

The following “Code of Conduct” has been compiled to assist the Gym’s aim of promoting the enjoyment within a gym environment. Members come into the gym for a variety of reasons and it is the duty of the coach.....and other officials... to recognise this and stimulate continued participation.

### **The coach:**

- Acts as a teacher
- Represents North Petherton Gym
- Advises on and sets standards of behaviour and promotes the gym environment.
- Is the point of communication between young members and their parents

### **All North Petherton Gym Coaches *should*:**

- Recognise the importance of fun and enjoyment when coaching young members.
- Understand that most learning is achieved through doing.
- Appreciate the needs of the member before the needs of the activity.
- Be a positive role model – think what this implies.
- Keep winning and losing in perspective – encourage young members to behave with dignity in all circumstances.
- Provide positive verbal feedback in a constructive and encouraging manner to all members during coaching sessions.
- Understand the physical, social and psychological development of members.
- Be familiar with the,
  - The Gym Social Media Policy
  - The Gym Safe Guarding Children & Vulnerable Adults
  - The Gym Disciplinary & Grievance Policy
  - The Gym Equality & Diverse Policy
  - The Gym CCTV Policy

### **All North Petherton Gym Staff & Volunteers *must*:**

- Have been verified to train young players via the DBS verification method. The Club’s Child Protection Officer will be responsible for this check.
- Never allow a member to train when injured.
- Ensure good supervision of members within the gym environment.
- Develop an awareness of nutrition as part of an overall education in lifestyle management.

- Ensure that their knowledge and coaching strategies are up to date and in line with their qualification.
- Be aware of and abide by the all Policies.
- All Coaches and members of North Petherton Gym Ltd must not put any defamatory statements regarding any aspect in regard to the gym or their opponents, on social media sites such as You Tube, Twitter and Face Book etc and follow the gyms social media policy.

### **Review**

This policy will be reviewed every 2 years

Sharon Sweet - Jun 26